

FINT

Brunch / Lunch Available 10am to 3pm

Raspberry Rice Porridge VGN GF 7.5

Cardamom raisins, tahini granola, maple. Add sliced banana 1.00

Poached Eggs OR Tofu Scramble on Sourdough Toast V/VGN 7.5

Poached eggs OR tofu scramble with wilted spinach. Add citrus halloumi 2.50

Homemade organic crumpets, raspberry butter VGN 6

FINT Breakfast GF 13.95

Local sausage and molasses dry cure bacon, poached egg, beans, pickled mushroom, confit tomato, all on a Raggmunk [potato pancake]. Add a sourdough toast 1.00

FINT Veggie Breakfast V/VGN GF 13.95

Vegan sausage, poached eggs OR tofu scramble, beans, pickled mushroom, confit tomato, all sat on a Raggmunk [potato pancake].

Add slice of sourdough toast [1.00] and citrus halloumi [3.00]

Pain Perdu VGN 9.5

Sourdough French Toast, apple, raspberry butter, vegan vanilla ice-cream, tahini granola, maple syrup. Add sliced banana 1.00

Crumpet Benedict (GF*)(V*) 10.50

Homemade crumpets with choice of local bacon, vegan sausage, OR salmon [+3], 2 poached eggs, hollandaise.

Vegan Crumpet Benedict (GF*) VGN 10.50

Homemade crumpets, spinach, tofu, vegan hollandaise

Beetroot and Butternut Squash Soup VGN (GF*) 8

Vegan thyme and lemon cream, warmed sourdough bread

Autumn Salad GF VGN 9.75

Butternut squash, rocket, watercress, cauliflower, Romanesque, sour cherry tomatoes, citrus dressing. Add smoked chicken, goat cheese, or mackerel for an extra 3.00

Smørrebrød [Open Sandwich] (GF*)(V/VGN) 10.50

Your choice of either smoked chicken, tofu, or salmon gravlax [+3] on toasted coriander seed bread with pickled cucumbers, celeriac and apple remoulade.

Add poached egg 1.25

Nordic Gnocchi VGN GF 12.50

Tarragon velouté, vegan chorizo, roasted squash, pumpkin seeds
Great with sea bream (4.00) or tofu (2.75)

Bokkeumbap [VGN] 12

Fried rice, gochujang, sauerkraut, peas, with either bay roasted pork or tofu

Linguini VGN 11.5

Slow dried linguini pasta, mushroom, spinach, mace.

Salmon Gravlax (+4), smoked chicken (+4), or our citrusy Yorkshire halloumi (+3)
all go well with this.

Please remember to discuss with us any dietary requirements, allergies or intolerances.

In case you're wondering... yes, of course we make it ourselves

A 10% Discretionary Service Charge is added to all bills CASH – correct change only